Care After a Cervical Biopsy

Why am I having this done?

Your doctor will be taking a biopsy from your cervix to diagnose a disorder of the cervix. Many problems can be diagnosed from this biopsy, including:

- Human papilloma virus
- Cancer
- Polyps

How is the biopsy done?

A small piece of cervical tissue is removed and sent to the pathologist for further study. You may feel some mild cramping or pinching as the tissue is removed.

What should I do to get ready for the biopsy?

You may want to take some ibuprofen (Advil, Motrin) before your appointment. This may help reduce cramping. It will also help if you can stay relaxed during the biopsy. Remember to breathe.

When will I get the biopsy results?

The results will be back in a couple of weeks. You should receive a letter from your doctor about a month after the biopsy. The letter will include a care plan.

What precautions do I need to follow after the biopsy?

You will have some vaginal discharge for a day or two. Do not put anything in your vagina, no intercourse, tampons, or douching while you have this discharge. Also avoid sitting in the bathtub, hot tub, or whirlpool.

What should I expect after the biopsy?

Call the Women Veterans Comprehensive Health Care Center at (612) 725-2030, Monday through Friday between 8:00 a.m. and 4:00 p.m.; at any other time, call Urgent Care at (612) 467-2771 if:

- You develop a fever greater than 101°
- You have severe abdominal cramping
- The vaginal discharge has a foul odor or does not stop in 5 days

Content approval: Women's Clinic

October 2005

VA Medical Center Minneapolis, Minnesota